

1. Name any two clothes we wear in winter.

2. What do we get from a silkworm?

3. What is a balanced diet?

4. Write the flowchart of making cotton clothes.

A. Tick (✓) the Correct Answer

1. We wear cotton clothes in:

☐ A. Winter

☐ B. Summer

☐ C. Rainy season

2. Which of these is NOT a dairy food?

☐ A. Milk

☐ B. Cheese

☐ C. Rice

3. Which one is made from wool?

☐ A. Silk dress

☐ B. Cotton frock

☐ C. Sweater

B. Fill in the Blanks Using the Words from the Help Box**Help Box**

Vegetarian Energy Cotton Dairy Diet

1. The food we eat every day is called our _____.
 2. Rice and sugar are _____-giving foods.
 3. Milk, butter and cheese are called _____ foods.
 4. A person who does not eat meat or eggs is a _____.
 5. _____ clothes keep us cool in summer.
5. Draw and colour any two food items we get from animals.